

Annual Report on Sustainable Community Development Project (SCDP)

2017/18



Report Submitted To
NCDF, Canada

Report Submitted by
NCDC, Nepal

1. Introduction

Namsaling Community Development Center (NCDC), Nepal Community Development Foundation (NCDF) are long term partner. NCDF is supporting NCDC to implement program for improvement of health and sanitation status in different remote and rural villages of eastern Nepal, since the establishment of NCDC.

Devastating earthquake of 2015 has mainly affected central region of Nepal and Kalinchowk village is one of them. Sanitation and hygiene status of Kalinchowk village was poor prior to the earthquake and after earthquake it was worse. Before the earthquake, only few families used to have toilets in house. Government and nongovernment organizations were helping to construct toilets and planning to declare Kalinchowk as ODF area. But all toilets were damaged in the earthquake, so that Kalinchowk village needs support for the construction of toilet to achieve the ODF status. Not only toilets, drinking water supply systems are also damaged due to earthquake. In the reconstruction phase, main focus is given in reconstruction of house and issue of WASH is on shadow. With the support of NCDF, NCDC can focus on these neglected issues in the reconstruction phase.

NCDF is supporting NCDC since the relief work in Kalinchowk village. After the relief phase NCDC with the support of NCDF, is implementing health and sanitation program incorporating WASH, MHM . Along with this, NCDF is continuously supporting for the development of Namsaling village. NCDF is funding for the EFLG/total sanitation and spring source protection in Namsaling.

2. Overall Result of the project work:

- Behaviour change of Communities have been seen on Hand washing, hygienic food, use of safe drinking water, use of toilets, use of Improve cooking stoves in Namsaling and Kalinchowk village through different campaigns implemented by the project
- Total 100 households of Namsaling & Kalinchowk have been directly benefitted by the 3 spring source protected by the project. It has helped women and children to save their time and have utilized that time in other more productive works.
- One school nursery have been maintained and benefited entire school families for their beautification and greenery promotion. The program has also supported students to share and gain knowledge about environmental aspects of program.

3. Achievements of Project work

- Elected local bodies has been informed about the project and interaction on total sanitation have been conducted
- 185 community people are aware about total sanitation
- 110 new toilets have been constructed at Kalinchowk
- 3 spring sources have been protected
- Informative display flex of total sanitation have been distributed at Kalinchowk and Namsaling village
- 305 students have been aware about WASH & MHM
- 2 farmers from Kalinchowk have been promoted for sustainable agriculture
- Sustainable School Environment Promotion Program (SSEPP) have been replicated to Dolakha from Ilam
- Fog water collection data of one year have been obtained

4. Detail of Project activities and Progress

As per the proposal Health promotion, ODF and Total sanitation program, WASH & Menstrual Hygiene Management Program, EFLG, OSON, Fog water collection, programs has been approved by NCDF. Following activities are implemented to fulfill the set objectives:

I. Preliminary Activities

As per the rules and regulation of government all projects need to be registered in Social Welfare Council (SWC) including program budget with prior approval from related municipalities or rural municipalities. So, to meet the registration criteria and for the preparation of documents inception meeting with Maijogmai and Kalinchowk rural municipalities has been completed. NCDC



also have arranged and received approval letter for the program.

II. Health Promotion, ODF and Total Sanitation Program

a. Awareness program on total sanitation at community level

Various awareness program at Kalinchowk village has been organized for community members and Female Community Health Volunteers (FCHV) on total sanitation. The detail of program and beneficiary is presented as below:



S.N	Date	Program	Venue	Beneficiary		Total
				Male	Female	
1.	19 th Feb 2018	Orientation on total sanitation	Ward Office, Begumpa, Kalinchowk	10	26	36
2.	20 th Feb 2018	Orientation on total sanitation	Ward Office, Begumpa, Kalinchowk	8	14	22
3.	21 st Feb 2018	Orientation on total sanitation	Divyeshwori School, Kyampol, Kalinchowk	3	62	65
4.	22 nd Feb 2018	Orientation on total sanitation	Ward Office, Begumpa, Kalinchowk	4	11	15
5.	24 th Feb 2018	Orientation on total sanitation	Gairo Gaun, Kalinchowk	15	15	30
6.	25 th Feb 2018	Orientation on total sanitation	Ward Office, Begumpa, Kalinchowk	14	3	17
Grand Total				54	131	185

b. Materials Support Program

Project has aimed to achieve ODF Status in Kalinchowk rural municipality ward no.1. For this, preliminary household survey has been completed. In addition to this, 110 households have been supported with materials. Details of materials distributed to the households is as presented below:



S.N	Particulars	Quantity	Remarks
1.	Cement	1 Bag	
2.	Toilet Pan	1 Piece	
3.	110 mm Pipe	2 meter	
4.	Ventilation Pipe 40 mm	1.5 meter	

550 individuals of households has been directly benefited from this activity.

c. Spring Source protection

Spring Source protection is another activity under Health Promotion Program. Three spring sources (Two-Namsaling, One-Kalinchowk) has been protected in Namsaling & Kalinchowk village under this program. The beneficiaries of this activity is presented as below:



S.N	Spring Source	Beneficiary	Venue
1.	Bhadrases Spring Source Protection	20 Households	Namsaling
2.	Banpala Spring Source Protection	21 Households, 2- Institutions	Namsaling
3.	Okharghari Spring Source Protection	60 Households	Kalinchowk

d. Interaction program on total sanitation with ward office

Interaction program on total sanitation with newly elected members of ward offices has been organized in order to support village to declare as a total sanitized village. The program was organized in two wards of Majjogami (ward no 3 & 4) and one ward of Kalinchwok (ward no 1) rural municipality. The program was organized 5 times in this year. The direct beneficiary of the



program were the newly elected local body whereas the indirect beneficiary includes the whole community.

e. IEC materials preparation and hand over

Education and information sharing flex has been designed and handed over to the ward offices. This flex includes the indicators of total sanitation. This has been handed over to Maijogmai rural municipality ward no 3 & 4, Kalinchowk rural municipality ward no. 1 to display at different public places of community. The direct beneficiary of the of this event will be the whole community.



III. WASH & Menstrual Hygiene Management Program

a. Awareness program on WASH & menstrual hygiene management at school level

Various awareness program at Namsaling & Kalinchowk village has been organized for school students on total sanitation and menstrual hygiene management. The detail of program and beneficiary is presented as below:



S.N	Date	Program	Venue	Beneficiary		Total
				Male	Female	
1.	14 th Dec 2017	Orientation on MHM	Namsaling H.S.S, Namsalaing	0	100	100
2.	23 rd Feb 2018	Orientation on WASH & MHM	Diveshwori Elementary School, Kalinchowk	19	23	42
3.	26 th Feb 2018	Orientation on WASH & MHM	Balodaya S.S, Kalinchowk	25	30	55
4.	31 st May 2018	Orientation on MHM	Balodaya S.S, Kalinchowk	0	43	43
5.	1 st Jun 2018	Orientation on	Balodaya S.S,	22	43	65

		WASH & MHM	Kalinchowk			
Grand Total				66	239	305

IV. One School One Nursery Program

a. Farmers Promotion Program

Farmer's promotion program is a new initiative under this project from this year. Mr. Rajan Thami of Chuche Dhunga farmer group & Mrs. Kumari Thami of Begumpa farmer group has been selected from group in order to support livelihood of rural community from Kalinchowk rural municipality ward no.1. The direct beneficiary of this event is 10 people of 2 families whereas the indirect benefit will be transferred to the whole community ones they sold their agro products and they share their skills to the remaining community farmers. The materials provided to farmers is presented as below:



S.N	Particulars	Quantity	Remarks
1.	500 liter poly tank	1 piece	
2.	Plastic Tunnel	1 roll	
3.	Garden pipe	1 roll	
4.	Spring Call	1 piece	
5.	Sprayer	1 piece	
6.	Fork	1 piece	
7.	<i>Dadi</i>	1 piece	
8.	Secateurs	1 piece	
9.	<i>Jyawal</i>	1 piece	
10.	Spray	1 piece	

b. Old Nursery Maintenance

NCDC with the goal of greenery promotion has replicated nursery establishment program from Ilam to Dolakha in the previous year. As a continuation and to sustain the work, this year the old nursery established at Divyeshwori Elementary School of Kalinchwok has been maintained. The direct beneficiary of the project are 200 school students and 6 teachers of the school.



c. Sustainable School Environment Promotion Program (SSEPP)

NCDC with the goal of "Our Environment, for us and our responsibility" implemented Sustainable School Environment Promotion Program (SSEPP) in the Ilam district to promote environment of school, home and community by developing healthy and hygienic environmental sanitation as well as sustainable environment friendly practice amongst students and entire school family. Among its various program area greenery promotion, Water Sanitation and Hygiene (WASH) is an important aspect. As a replication from Ilam the program has been extended to Dolakha district. Under this program Eco club formation, various awareness classes to Eco club has been organized. This program has been implemented at two schools of Kalinchowk village. 430 students and 16 teachers are directly benefited from this program. Moreover, the following materials has been supported to Eco club for the establishment of garden.



S.N	Particulars	Quantity	Remarks
1.	Secateurs	1 piece	
2.	<i>Kuto</i>	1 piece	
3.	Sprayer	1 piece	

4.	Garden Pipe	1 roll	
5.	Fork	1 piece	
6.	<i>Trisul</i>	1 piece	
7.	Spring Call	1 piece	

V. Fog water Collection Program

One Small Fog collector has been installed in Kalinchowk rural municipality ward no.1. One enumerator has been recruited for daily data collection under this program. The report has been collected from the enumerator.



5. Limitation of the program

- New federal system and the local laws
- Distance between base area and the newly working area
- Increment in expenses of travel
- Programs were different then proposed previously
- Limitation of time for the implementation
- Lack of follow-up and monitoring activities due to the geographical/distance constraints

6. Lesson learnt from Project

- Behavior change is long and continuous process so these program need to be continued for long period.

7. Recommendations

- Local NGOS, CBOs, INGOs and Government organizations working in the health sector should focus on behavior change health education.
- Government needs to develop a plan, policies, and strategies, and implement them effectively nationwide to fulfill the commitments of Nepal's Sanitation and Hygiene Master Plan (2010).
- Health programs should be planned with the strong coordination with related organizations working with the same objective at the local level so that duplication will be minimized.
- DCC, Municipality, ECO, Rural Municipalities, schools and other stakeholders need to be informed about the program before the implementation for the better achievement of the objectives.

- Best practices for monitoring and evaluation of projects need to be established so that NGOs will be more likely to conduct activities that measure the impact of projects.

8. Sustainability

For the sustainability, NCDC had initiated its all the activities in the base of Sustainable Development Plan, which will be a continuous process for the achievement of any result. Awareness and sensitization to school students, FCHVs, and entire community will be an important factor which will help people transfer their knowledge to action. Integration of many programs together will help to be present in the community by many means which will help community for regular enforcement and sustainability. The matching fund from the rural municipalities and cost partnership from related stakeholders helps project for the sustainability.